

Visit these Resources Tables



McLean Hospital

McLean is a leader in mental health care, dedicated to advancing treatment, supporting research, and providing mental health outreach and education initiatives. They work to change attitudes about mental health, locally and around the globe with their free mental health webinars and their Deconstructing Stigma campaign. To learn more visit www.mcleanhospital.org.



Massachusetts Department of Mental Health

The Department of Mental Health, as the State Mental Health Authority, assures and provides access to services and supports to meet the mental health needs of individuals of all ages; enabling them to live, work and participate in their communities. To learn more visit: www.mass.gov/dmh.



Mass General Brigham Community Care Team

Mass General Brigham's mobile medical Community Care Vans bring a broad menu of mobile medical services, including screenings and interventions for chronic health issues like hypertension, diabetes, and substance use disorders. They are staffed with multilingual and multicultural clinicians and support staff to better connect with the communities served by Mass General Brigham. Visit www.massgeneralbrigham.org/en/patient-care/services-and-specialties/community-care-van to learn more.



A Tribe Called Black

TCB is a grassroots community cultivating cultural wealth through connection, learning, celebrating and prioritizing Black and Brown communities. To learn more visit: www.tcb.black.com. **Today they will be offering emotional support to those who may need help processing the feelings that come up during the conference.** Visit their table to get some support should you need it.



Harbor Health Services, Inc. – Elder Service Plan

The Harbor Health Elder Service Plan offers a personalized healthcare program provided by our own geriatric professionals guided by a care plan developed and customized for the individual's needs. Healthcare is coordinated by a team of caring professionals at the PACE Day Center, transportation included, or when needed in your home. PACE provides care for participants 24 hours a day, seven days a week and 365 days a year. Learn more at <https://www.hhsi.us/elder-service-plan>.

Mindful + Melanated



Learn how you can step up your mental wellness journey by joining our Strong Black Woman Support Group. We offer support in a variety of ways: social events, access to licensed mental health providers, closed, private co-workings sessions and so much more!

Because we cannot do this alone, we also have information on other organizations and programming specifically designed for Black women's mental health.

Ready to sign up for our Strong Black Woman Support Group? Visit www.mindfulandmelanated.com today.

Shop with our Vendors



LoveStoned Jewelry Co.

Natural gemstone jewelry designed to support your intentions and help you manifest your dreams. See their full collection at www.lovestonedjewelry.com.



Sheila G Baggs & Accessories

Massachusetts-based Black woman owned business selling unique handbags and accessories geared toward Black women.

NJALA

Njala LLC

Njala (En-Jah-La) means "nails" in Luganda. They sell high quality, semi-cured nail wraps made from gel nail polish. Simply press, trim off the excess, cure, and file for a gorgeous at home manicure. Learn more at www.njala.co.



dafnytc, Touchstone Crystal by Swarovski

Style You Can Count On! Touchstone Crystal jewelry is affordable and made exclusively with precision cut Swarovski Crystals and Zirconia. To learn more visit: <https://sites.touchstonecrystal.com/sites/dafnyargueta>.



Arlieu Graphics

Arlieu Graphics offers unique gifts representing people of color. They have one of a kind items that embrace and celebrate our identities, and bring them to life. Visit their Etsy shop at <https://arlieugraphics.etsy.com>.



5Strong Candle Company

5Strong Candle Company is a Boston-based candle Company specializing in soy and coconut wax products, body oils, and car fresheners. See all their products at www.5strongcandlecompany.com.



True 9 Accessories

True 9 Accessories provides stylish accessories that reflect the true you! Visit www.true9accessories.com to check out some their amazing collections like I'm Every Woman, My Sister's Keeper, and Ladies First.

Shop with our Vendors

Love Balungi



Who is Love Balungi? Love Balungi LLC is a natural beauty/Vegan company that uses all natural ingredients in our products. Here at Love Balungi, we strive to provide great non chemical based products that keep you moisturized and coming back for more. We keep those in mind that have sensitive skin. Be sure to check out our products. We hope you love and enjoy these products just as much as we love making them! To learn more visit: <https://lovebalungi.com>.

Safe Space Therapeutic Services, Inc.



Safe Space Therapeutic Services, Inc. is a small outpatient mental health practice dedicated to offering comprehensive care for mind, body, and spirit. In addition to traditional counseling services, Safe Space also provides holistic health options, including meditation, breath work, Reiki, and sound healing. To learn more visit: <https://safespacetsi.com>.

CrownBox



CrownBox Gifts is a curated and custom gift box company specializing in uplifting and celebrating Black women and friends with locally-sourced products from Black- and women-owned business. To learn more visit: www.crownboxco.com.

Gail's Homemade Soaps & Jewelry



The owner of this shop makes gentle soaps for sensitive skin, handmade in small batches with the finest oils and luxurious natural ingredients. You can shop her soaps and handmade gifts/crafts here:

Gailshomemadesoaps.etsy.com.

PatriciaLincoln



PatriciaLincoln is an advocate for the CBD community and protective of our consumer base. They take pride in their CBD products by providing choice certified organic hemp grown by USA farmers in nutrient rich soil. To see their full line of CBD products visit www.patricialincoln.com.

ilovefgc (FlyGirl Couture)



I love FlyGirl Couture is where fashion meets culture! A pop up boutique featuring items made, designed, or curated by us for you! Check out their size-inclusive fashions on their Instagram page [@ilovefgc](https://www.instagram.com/ilovefgc).